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# Halifax metro



Your essential daily news | WEEKEND, AUGUST 5-7, 2016

High 26°C/Low 15°C Sun and cloud

Halifax residents Erin Rafuse and Danielle Boyd will be racing in the Women's 49er FX sailing category at the 2016 Olympic Summer Games in Brazil.

BEN JAMIESON/FOR METRO



# REPRESENT

See the Nova Scotians competing in Rio — including this sailing duo, in **metroNEWS**

# Cabs 'cannot be monitored'

## ACCUSATIONS

## Victim services worker calls for changes to sexual assault appeals



**Zane Woodford**  
Metro | Halifax

A Halifax Regional Police victim services caseworker said Thursday conditions placed on taxi drivers accused of sexual assault "cannot be monitored."

Angela Jeffrey-Haynes made the statement in a letter written to Halifax regional council's Appeals Standing Committee — the one tasked with ruling on appeals from taxi drivers who have lost their licences due to allegations of sexual assault.

Jeffrey-Haynes wrote that while police can't stop an accused driver from driving, they commonly place conditions that prohibit them from having female passengers in their vehicles, or having passengers in the front seat. After the Appeals Standing Committee reinstates

a driver's licence, it usually applies similar conditions.

"Unfortunately, the limited conditions that police are allowed to place on taxi drivers cannot be monitored," she wrote, adding that Halifax Regional Municipality's taxi compliance team is in the same boat, and it's especially difficult to regularly check whether drivers are adhering to conditions at night.

"Therefore there is no way to properly hold these offenders accountable and to ensure public safety."

Jeffrey-Haynes wrote her letter to educate committee members on their role after attending two appeal hearings earlier this year.

The committee has allowed multiple appeals in the last year for drivers currently moving through the justice system, and in one case, left the door open for a convicted driver to reapply to get his licence back this September.

Jeffrey-Haynes wrote that, given high rates of recidivism among sexual assault offenders, and the level of trust afforded to taxi drivers, reinstating their licences, even with conditions, leaves the public vulnerable.

More coverage, **metroNEWS**



## WEEKEND SPECIALS FRI-SUN

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# 5

## THINGS TO DO IN HALIFAX THIS WEEKEND

The annual Jordan Boyd Celebrity Hockey Challenge, Cat Fest, a new Shakespeare by the Sea play, and more are happening in the Halifax area. **HALEY RYAN** METRO



### 1 Tragedy by the sea: King Lear

King Lear comes to the Shakespeare by the Sea stage in Point Pleasant Park's Cambridge Battery this Fri. at 7 p.m., and runs through this weekend until Sept. 2. This is the first time since 1999 the company has performed the story of madness, betrayal and the nature of human suffering. It's a family affair on two levels, as King Lear will be played by Paul Rainville, while Rainville's daughter Catherine will play Cordelia and his son Simon will play Edgar.



### 2 Outdoor fox spotted

Wanna build a snowman or attend a farm raid? Two free showings of the AFF Outdoor Film Experience bring Wes Anderson's *Fantastic Mr. Fox* to Grand Parade Friday evening. On Saturday, Elsa and Anna visit Dartmouth Crossing's Pondsides Amphitheatre for a *Frozen* sing-along edition. Both films start at dusk, while gates and concessions open an hour prior.



### 3 Memorial Tournament

Local residents and NHL stars will lace up their skates this Saturday at the BMO Centre in Bedford for the third annual Jordan Boyd Celebrity Hockey Challenge. Boyd, 16, was just starting training camp with the Acadie-Bathurst Titan when an undiagnosed heart condition called ARVC took his life almost four years ago. Teams will include professional hockey players, and the event's highlight is a Celebrity All-Star game including Boston Bruins forward Brad Marchand, with others like Zach Sill, Shawn O'Donnell and Liam O'Brien. Proceeds go to the QEII Foundation and Heart & Stroke Foundation. The event is 9 a.m. to 4 p.m. Check [jordanboyd.ca](http://jordanboyd.ca) for details.



### 4 Beer and cider lovers rejoice!

The 10th annual Halifax Seaport Beerfest comes to the Cunard Centre this Friday and Saturday featuring a record-breaking 326 craft beer and cider brands from around the world — over 75 per cent of which aren't available in the city. Live music and food is also on tap Fri., 7 to 9:30 p.m., Sat. 2:45 to 4 p.m., and 7 to 9:30 p.m. Tickets are \$49 +tax at select NSLC locations and [ticketatlantic.com](http://ticketatlantic.com), or \$54 +tax at the door.

### 5 The tortoise and the cat

Animals lovers have two reasons to head to the Museum of Natural History, with Cat Fest pouncing back on Saturday from 10 a.m. to 4 p.m. There will be events, crafts, photo booth, exhibitors, and a day-long Cat Show. On Sunday, everyone is invited to help Gus the tortoise turn 94 as he celebrates his birthday at 11 a.m. and 2:30 p.m.



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Genevieve Orton (left) of Lake Echo, N.S., and Kathleen Carole Fraser right, of Oakville, Ont. receive their 2016 Olympic jackets on June 27. PETER MCCABE/THE CANADIAN PRESS

# It's 'starting to feel real'

## RIO 2016

### Sailors say Olympic water is better than expected



**Haley Ryan**  
Metro | Halifax

The Summer Olympic Games are about to begin, and Halifax sailors who have arrived in Rio say the sense of anticipation is "just awesome."

Athletes from all corners of the globe are descending upon Brazil this week as the Olympics kick off with opening ceremonies Friday, which will see local sailors Erin Rafuse, 27, and Danielle Boyd, 26, excitedly waving to the crowd with the rest of Team Canada.

"It's definitely starting to feel real; everything's slowly coming together," Rafuse said Thursday morning from Rio, while waiting for a bus to take the pair from the athlete's village to practice.

The two women, who are in the new 49er FX sailing event,

won't compete until next Friday, so they have some time to practice and meet people from other countries.

Despite the alarming reports of pollution and human waste floating in Rio's water, both women said they've actually noticed an improvement since they were in the harbour last. Boyd added there's "barely any gar-

bage" this time around.

"The water is the water. You do your best to avoid the bad stuff," Rafuse said.

Overall the atmosphere is exciting, Boyd said, and everyone is still on the same level because no events have started (besides Canada's soccer win over Australia).

so no one's heartbroken or ecstatic yet.

"The anticipation is awesome. We're just really excited for everything to get started," Boyd said, who's originally from Kingston, Ont. but went to Dalhousie University and has lived in Halifax since 2008.

Both sailors, based out of the Royal Nova Scotia Yacht Squadron, said their end goal would be to win a medal — but they're focused on "doing the best we can," Rafuse said.

A fellow first-time Olympian and Dartmouth native, Genevieve Orton, 32, will be in Rio next Wednesday to join the excitement with her women's K2 500-metre kayak partner, KC Fraser.

When asked what she's look-

ing forward to the most, Orton laughed over the phone from Toronto, where she's been training for the past few months and said, "Oh my God, everything."

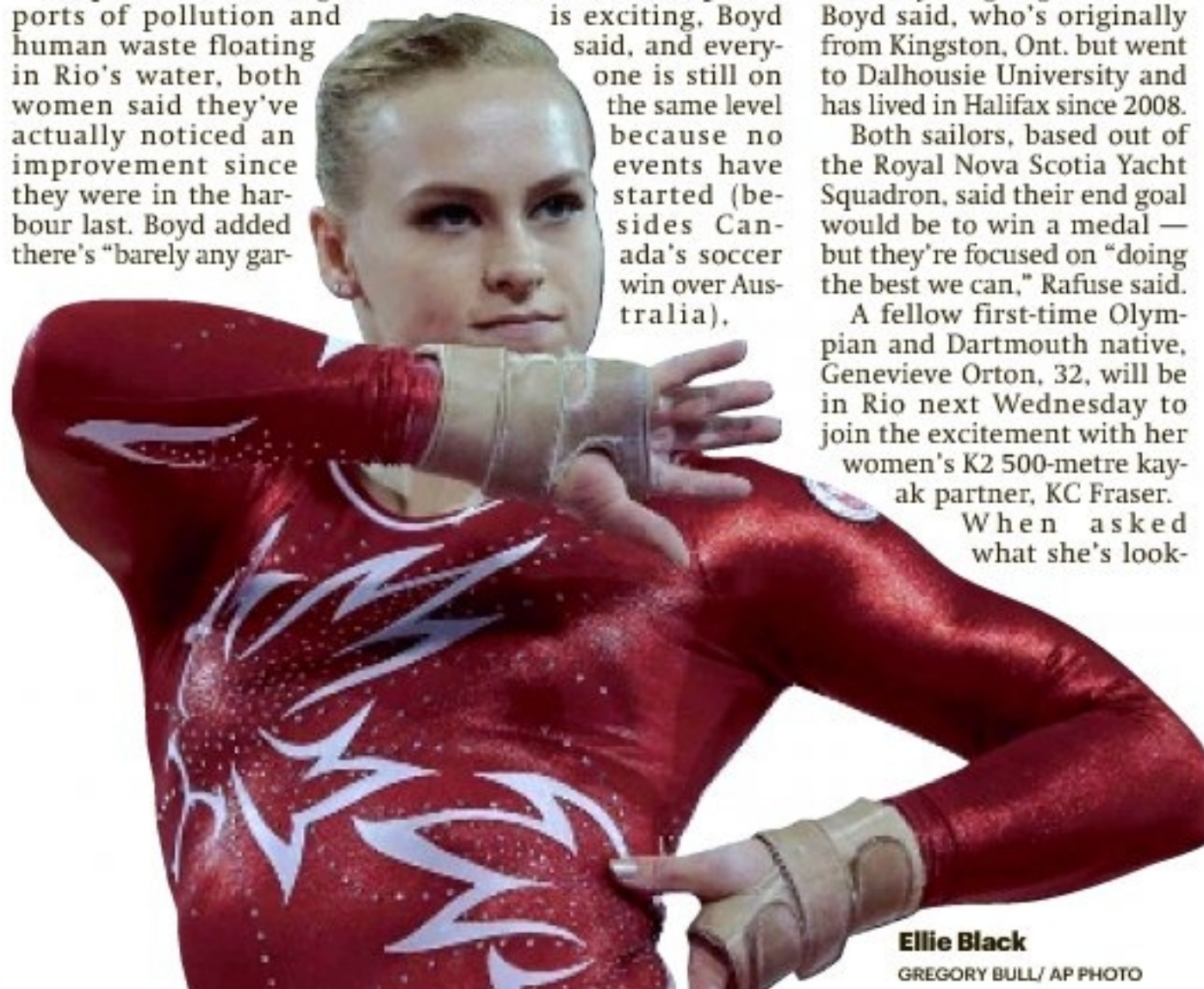
From experiencing Brazil for the first time, to seeing where they "stack up" against competition, Orton said she's been "the biggest child about the whole experience. I can't wait to get there."

Her and Fraser have a specific race plan, Orton said, so they don't want to put too much pressure on themselves by picking a ranking, but want to make the top eight.

Orton said she's also not fazed by unsanitary conditions, since she trains near a sewage treatment plant in Toronto — "so I'm feeling pretty prepared for gross water."

All three women said the outpouring of support from family, friends and Nova Scotians in general (including Premier Stephen McNeil on Friday) has been overwhelming in a great way.

"It just shows how much support is actually behind us. It's great to hear along the way, and it keeps us motivated and ready to go for game day," Rafuse said.



**Ellie Black**  
GREGORY BULL/ AP PHOTO

## + N.S. OLYMPIANS

**Eric Gillis**  
Antigonish, marathon.  
Event is Aug. 21.

**Mark de Jonge**  
Halifax, men's K1  
200-metre (sprint). Event  
starts Aug. 19.

**Genevieve Orton**  
Lake Echo, women's  
K2 500-metre (sprint).  
Event starts Aug. 15, K4  
500-metre starts Aug. 19.

**Ryan Cochrane**  
Windsor, men's K2  
200-metre (sprint). Event  
starts Aug. 17.

**Ellie Black**  
Halifax, women's artistic  
gymnastics. Event starts  
Aug. 7.

**Erin Rafuse**  
Halifax, women's 49er FX,  
sailing. Event starts Aug. 12.

**Danielle Boyd**  
Halifax, women's 49er FX,  
sailing. Event starts Aug. 12.

**Graeme Saunders**  
Chester, men's 470,  
sailing. Event starts Aug.  
10.

**Jacob Saunders**  
Chester, men's 470, sailing.  
Event starts Aug. 10.



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## TAXI DRIVER INCIDENTS

# Council no place for sexual assault appeals: Caseworker



**Zane Woodford**  
Metro | Halifax

A Halifax Regional Police victim services caseworker is calling for changes to the way the municipality deals with appeals from taxi drivers who've lost their licences due to allegations of sexual assault.

Angela Jeffrey-Haynes will make a presentation to Halifax regional council's Appeals

Standing Committee at its next meeting this September after a letter she wrote hoping to educate the committee on its role was accepted at its meeting on Thursday.

"Preferably, cases that involve taxi drivers and sexual harassment/sexual assault where criminal charges have been laid, would not be heard at the committee at all," she wrote in her letter.

Jeffrey-Haynes wrote that, after attending two appeal hear-

ings, it was clear to her that "the complexity of sexualized violence was very difficult to address in a council appeal setting," and some councillors were confused about their role.

"I understand that hearing an appeal involving crimes related to sexual assault is not the same as hearing appeals related to whether a property is safe or is considered an eye-sore," she wrote.

She addressed better accommodating victims who attend

hearings, suggesting that those cases be dealt with in camera, or that the accused driver be asked to leave if the victim is asked to speak. She also said that councillors should not assume that victims that don't attend hearings don't care about the outcomes, as attending is potentially traumatic.

Coun. Gloria McCluskey, one of the committee's members, said she appreciated the letter.

"We think we've done it the right way, based on the informa-

tion we've had, but this adds a little more sensitivity to it," she said after Thursday's committee meeting.

"It'll be helpful," said Deputy Mayor Matt Whitman, the committee chair. "With so many of these coming before us, any additional guidance will be helpful."

Coun. Brad Johns welcomed Jeffrey-Haynes to come speak to the committee, but worried that the letter moved into more moral than legal territory.

"As a quasi-judicial committee,

it's what our legal responsibilities are, and a lot of this goes into some moral as well," he said during the meeting.

"I would like to ensure that she has had an opportunity to meet with legal services as well as bylaw and everybody else, so that when she comes forward, and we have this discussion, we're well aware that staff have already met and are providing good advice and correct advice, you know what I mean? Not an opinion."

# Wanted: Hospital planning expertise

## DEVELOPMENT

## Request for proposals out to aid in QEII redevelopment



**Yvette d'Entremont**  
Metro | Halifax

The Nova Scotia Government has issued a request for proposals for the Queen Elizabeth II Health Sciences Centre redevelopment project.

The RFP, issued Thursday, is for master planning and programming for all the QEII's clinical services.

In a press release, the provincial department of transportation and infrastructure renewal said the team selected for this stage of the project will provide them and the Nova Scotia Health Authority with recommendations on where best to renovate or construct

new buildings.

They will also give advice on the location of health services and the space required.

"We do have a master plan concept already, which is available at the QEII redevelopment site. It is what we're sharing with the proponents as a baseline. (To say) 'This is what we plan, now prove to us that it's going to work,'" Terry Smith-Lamothe, senior architect with the department of transportation and infrastructure renewal, told Metro on Thursday.

"They will have, of course, innovative and creative ideas as well that they bring with their own experience from other hospital projects, so we're not going to reinvent the wheel. We're going to build on the knowledge base that we engage."

This spring the provincial government announced that beginning in 2020, the aging Centennial and Victoria General buildings will be taken out of service. Rodents, regular



The candidate is to give advice on the location of health services and the space required for the QEII project. METRO FILE

elevator malfunctions, flooding and other issues have long plagued both buildings.

"The planning is so critical to this process ... and part of the master planning is for an outlook for the next 20 years," Smith-Lamothe said.

"We're looking at up to 20 years from now, where we expect medical care and connected care to be in the province. It's a very inclusive process

and we'll be consulting with all the stakeholders out there to get it right."

Smith-Lamothe said the project should be awarded by the end of September.

The deadline for RFP submissions is Aug. 26. The province expects it to take up to a year to develop a plan and program. It will then engage a design consultant team to develop architectural designs.

## POLICE

## N.S. Mountie facing drug-related charges

The province's Serious Incident Response Team has laid charges of cocaine theft, cocaine trafficking, breach of trust and laundering proceeds of crime against a Nova Scotia RCMP officer.

In a news release issued Thursday, SIRT said the charges were laid against Staff Sgt. Craig Robert Burnett, an officer working at the RCMP Operational Communications Centre in Truro.

SIRT said its team was contacted by RCMP in September, 2015 in relation to information they'd received. The information alleged that in 2011, an RCMP

member had stolen a 10 kilogram quantity of cocaine from an exhibit locker and replaced the drugs with another substance.

These drugs were scheduled to be destroyed as they were no longer required evidence in a court case. Among the allegations facing Burnett was that he had provided the stolen cocaine to others who sold it, and received "substantial proceeds from the sale." Burnett was arraigned on the charges in Halifax provincial court Thursday. He will be back for his next court appearance on Sept. 7. METRO

## IN BRIEF

### Police probe reports of 'distressed' woman

Halifax police are asking for the public's help after receiving reports about a woman in distress being driven away in a speeding vehicle.

At about 10:15 p.m. on Wednesday, officers were dispatched to the area of Oxford and Almon Streets after three separate reports of a woman seen in the passenger seat of a white sedan

leaving the area at a high rate of speed, police said in a release Thursday. Police arrived on scene shortly after receiving the reports, but couldn't locate the vehicle. The car is described as a white, four-door sedan, possibly a Toyota.

The woman is described as 18 to 25 years old, with dark hair and a dark shirt.

Anyone with information is asked to contact police or Crime Stoppers. METRO



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# Streaming changes all

## MUSIC

## Songwriter sees positive change for creators and audiences



**Rebecca Dingwell**  
For Metro | Halifax

The ability to stream tunes online is a more authentic way for music to reach listeners, Halifax singer-songwriter Dylan Guthro said Thursday.

Guthro himself is finding online success. He's currently sitting just below the likes of Mac Miller and Justin Bieber on Spotify's Canada Viral 50.

Dance On Me — a song from Guthro's R&B EP — was ninth on the list from the music streaming service as of Thursday. Guthro sees an advantage to having music available for free.

"A lot of people kind of look down on how easy it is to get music," Guthro said Thursday. "But the truth of it is, every song in the world is at your fingertips right now."

The ability to stream songs influences him as both a musician and a music fan.

"I can just pull my phone out and listen to anything I want," said Guthro. "It makes me want to make better music."



I can just pull my phone out and listen to anything I want. It makes me want to make better music. Dylan Guthro

Halifax singer-songwriter Dylan Guthro is just below the likes of Justin Bieber on Spotify. CONTRIBUTED/DYLANGUTHRO.COM

"The reason (the music) does well is people are adding it to their playlists and they're listening to it," he said.

Guthro is "testing the waters" of R&B while continuing work with his band, Port Cities. He met Carleton Stone and Breagh Mackinnon about five years ago, and the three musicians began working together.

The trio has since travelled and collaborated with other

groups and musicians. Stone, Mackinnon and Guthro all wrote Dance On Me together and worked on the track with Toronto-based electronic band Neon Dreams.

Recently, Port Cities won Casino Nova Scotia's artist in residence competition, receiving \$20,000 to go towards the band's music career.

"It's great to be on the road with your best buds," said Guth-

ro. "I love playing with them and singing with them and writing with them."

Port Cities has an album due out in early 2017. After that, Guthro said he's hoping to go "full steam ahead."

"We're putting the plan together right now for what happens," he said. "Meanwhile, we're just trying to stay busy and write songs."

As for R&B, Guthro isn't yet

sure where it will go.

"I feel like a lot of people who try to make that type of music — they'll leave Halifax," he said. "But I think we all want to create a bit more of a scene here with (R&B)."

Guthro added that there are many great songwriters and producers throughout the province.

"You don't have to go to far to make awesome music."

## DARTMOUTH

## Possible link in area crimes

Police are looking into the possibility that the street robbery of a 64-year-old Dartmouth man is connected with two other incidents in the Farrell Street area of Dartmouth on Wednesday night.

Halifax Regional Police said the man had his wallet, phone and hearing aids stolen shortly before 11 p.m. at the intersection of Farrell Street and Windmill Road.

He said two men robbed him while he was walking there. He suffered minor injuries.

Police are now investigating two other incidents that may be related to this event.

At about 9:30 p.m., Wednesday, a 41-year-old man was walking in the area of Farrell and Catherine streets when two men approached and began calling him names. One tried to punch the man but was unsuccessful. The man ran to a nearby building and called police.

The first suspect is described as a balding black man with facial hair and a heavy build. He was wearing a black T-shirt and black shorts.

The second is described as a black man with a heavy build and crew cut with shaved sides. He was wearing a black T-shirt and black pants.

Then at about 11:28 p.m., Wednesday, a 27-year-old man walking in the area of Farrell Street and Windmill Road was approached by two men asking for a lighter and cigarettes.

One attempted to grab the man's shirt. The suspects yelled obscenities as he walked away.

The man called police when he got home. The suspects in that event were described as black men with larger builds, one with facial hair. One was wearing black pants and a black sweater and the other was wearing a grey sweater and tan shorts.

Anyone with information is asked to contact police at 902-490-5016. METRO

## ATTACK

## Pair charged in connection with pizza shop robbery

Police have charged a man and woman in connection with a Dartmouth pizza shop robbery.

Halifax Regional Police responded to a reported robbery at Robert's Pizza and Donair at 364 Windmill Rd. shortly after midnight Thursday.

They found an employee bleeding from deep cuts to his hands and arms.

He told police he was working in the restaurant when a man and woman entered and demanded money.

One was armed with a knife.

During the robbery, the employee sustained cuts that required medical attention. The pair made off with an undisclosed amount of cash, the police news release said.

With the help of citizens, police were able to locate sus-

pects at an apartment building on the 0-100 block of Primrose Street in Dartmouth.

Officers arrested the suspects without incident and they were held in police custody.

Police have charged Dartmouth residents Lemarco

Sparks, 27, and Stephanie Nicholson, 23, with robbery.

Sparks has also been charged with disguise with intent, assault with a weapon, uttering threats and possession of a weapon for a dangerous purpose. METRO



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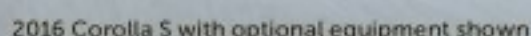
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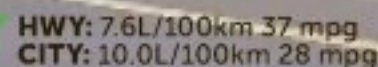
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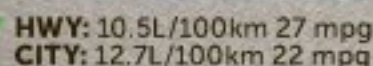
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## COURT

## Judge removes toddlers from care of intellectually disabled couple

Nova Scotia's highest court has denied an intellectually disabled couple custody of their children, saying a lower court was wrong to prioritize the parents' rights over their sons.

"We recognize (the parents) genuinely want to continue to parent their children and losing the right to do so is a devastating loss," the Nova Scotia Court of Appeal said in a decision released Wednesday.

"Ultimately the paramount consideration is the best interests of (the children). They need to be protected from harm and unfortunately their parents are unable to do so."

The appeal court overturned a lower-court decision that re-

turned the children to their parents. In that ruling, Family Court Justice William Dyer had said authorities needed to offer



**In my opinion, the parents may need society's long term help.**

Justice William Dyer

the parents more help, not take their sons away.

"It may be time for a different perspective, and a different approach in the best interests of

the family," Dyer said in his own ruling, adding: "There has been much said about the parents' failures. The bigger issue may be whether society has failed them."

The boys, now aged two and three, have been in the care of child protection authorities for much of their short lives.

The court said the parents bickered badly and often, and exposed their kids to violence. They prioritized their own needs over their children's, and showed little ability to change, it said.

The appeal court denied the parents any future access to their boys, saying it "is not in the best interest of the children." It noted the kids had good prospects for adoption. THE CANADIAN PRESS

## FIRE

## Police investigate suspected arson

Halifax Regional Police are investigating a suspected arson in Halifax.

Officers were called to the 2500 block of Elm Street in Halifax at the request of Halifax Regional Fire and Emergency Services shortly before 1 a.m.

Halifax Fire had been called

to the area to extinguish a fire that was on a deck. Upon inspection, firefighters identified what appeared to be an incendiary device and called police.

The fire damage was centralized to the deck of the home and was quickly extinguished.

No one was injured in the inci-

dent and police are still completing the preliminary investigation.

Anyone with information about this incident is asked to contact police at 902-490-5016. Anonymous tips can be sent to Crime Stoppers by calling toll-free 1-800-222-TIPS (8477).

METRO



**LAKE BANOOK MEN'S K2 RACERS TAKE OFF** Kayakers at the start line as they compete in a qualifying regatta in Dartmouth on Thursday. The event continues until Aug 6. JEFF HARPER/METRO

# 'Widow' to face breach charges

## PEACE BOND

## Accused pleads not guilty, trial date has been set for Feb. 1

Feb. 1.

Shepard was charged with violating the terms of a peace bond in April after police allegedly spotted her using a computer at Halifax Central Library.

She is facing three counts of breaching a recognizance, including a ban on accessing the Internet.

Shepard was released March 18 after having served a full sentence of just under three years for spiking newlywed husband Fred Weeks's coffee with tranquilizers in 2012.

A court imposed 22 conditions on her, including that she keep the peace and be of good behaviour.

Police issued a public warning when Shepard was released,



**Melissa Shepard.** ANDREW VAUGHAN/THE CANADIAN PRESS

stating that she is considered a high risk to reoffend.

Shepard has a history of offences dating back to the early 1990s, according to police.

Stewart died after he was drugged and run over twice with a car. Shepard was convicted of manslaughter in his death in 1992. THE CANADIAN PRESS

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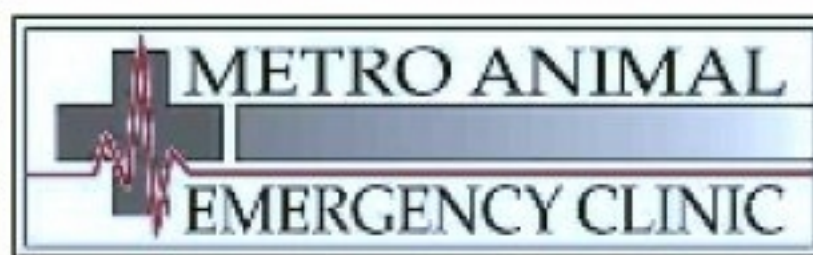


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# Student from Canada held in café attack

BANGLADESH

## Tahmid Hasib Khan arrested but has not yet been charged

A University of Toronto student who had not been heard from since last month's restaurant attack in Bangladesh was arrested Thursday on allegations he was

involved in the deadly siege carried out by radical Islamists.

Tahmid Hasib Khan, 22, a permanent resident of Canada, was arrested in the Bangladesh capital and a court has allowed police to keep him in custody for eight days for questioning, said a Dhaka police spokesman.

The Bangladesh newspaper The Daily Star reported that Khan and a 47-year-old British national were arrested under a part of the Bangladeshi criminal

code that allows police to arrest and detain a person without a warrant and without laying charges with court approval.

Five armed gunmen attacked the Holey Artisan Bakery restaurant on July 1, killing 20 people and holding others inside hostage. Security forces stormed the restaurant on July 2, killing the gunmen and rescuing the remaining 13 hostages.

Khan, 22, was known to have been inside the restaurant, but

Bangladeshi authorities and police denied having him in custody after the attack.

Khan's family asked Prime Minister Justin Trudeau on July 11 to intervene. The family said they don't know why Khan was being held, but insisted he had done nothing wrong. His brother, Talha Khan, who is a Canadian citizen, sent a letter through a lawyer to Trudeau's office, seeking Ottawa's help in the case.

THE CANADIAN PRESS



British national Hasnat Karim, centre left, and University of Toronto student Tahmid Hasib Khan, centre right, are taken to a court in Dhaka on Thursday. THE ASSOCIATED PRESS

'NATIONAL TREASURE'

## World's media smitten with shirtless Trudeau

Come to Canada!

See the beaver, the bears ... and the bare-chested Prime Minister.

Or as News.Mic put it, "Behold, the Shirtless Trudeau — one of Canada's most prized national treasures."

Time magazine and the BBC have now devoted space to how Prime Minister Justin Trudeau was photographed shirtless after emerging from a cave in Quebec's Gatineau Park.

The respected media outlets document the reactions of the Peterborough family of Jim and Arlene Lillie Godby and their children Alexander, 13, and Charlotte, 10, who recently stumbled upon the Trudeaus on Tuesday at Lusk Cave, near Ottawa.

The Godbys encountered Trudeau with his wife Sophie Grégoire Trudeau and their kids. The other Trudeaus were apparently shirted.

The BBC notes how the chance encounter at the marble cave drove Jim Godby to reflect on life.

"When you step out your front door, you never know what adventures await," Jim Godby wrote on Facebook.



Alexander Godby's selfie with Trudeau. COURTESY JIM GODBY

Time also records Torstar News Service's story, noting that Jim Godby had to make a quick decision when he saw Trudeau climbing out of the hole.

"It was like a 20-foot-wide round hole and Justin (Trudeau) emerged with his family in tow and said, 'This is the moment of truth; do we stop here or do we carry on?'" Godby told Torstar News Service.

"This anecdote contains hope for us all," exults digital magazine Slate. "The next time you see a cave, you should probably check to see if there is a hunky international statesman inside."

TORSTAR NEWS SERVICE

MYSTERIOUS PHOTOS

## Bat colony location being kept a secret

The Nova Scotia government is keeping the location of a new bat colony secret, although it has released a photo showing a mound of guano.

The colony — which includes an estimated 300 healthy female little brown bats and their young — is the province's largest known maternity colony, officials said.

The government on Thursday released mysterious photos of bats flying into what looks like a house, a single bat clinging to wood, and a rusted metal can sitting in guano.

Natural Resources officials call the discovery a hopeful sign for Nova Scotia's at-risk bat population. White-nose syndrome has killed about seven million bats in eastern North America.

"This discovery is very significant as the recovery potential of our bats depends on the number of healthy females," said Natural Resources Minister Lloyd Hines. The government said it would not reveal the location "due to the concerns for the bat population."

THE CANADIAN PRESS



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# Lawmakers bicker over Zika

## HEALTH

## U.S. official warns budget for virus is running out

As Zika escalates into a public health crisis and the number of mosquito-transmitted cases grows, Republicans and Democrats are pointing fingers over the failure by Congress to commit federal dollars to fight the virus.

Health and Human Services Secretary Sylvia Burwell warned lawmakers on Wednesday that her Zika budget is running out quickly. Without more money soon, she said, the "nation's ability to effectively respond to Zika will be impaired."

Yet lawmakers left Washington in mid-July for a seven-week recess without approving any of the \$1.9 billion requested by President Barack Obama in February to develop a vaccine and control the mosquitoes that carry the virus.

Abortion politics played a central role in the impasse.



A community worker at the Wynwood Community Service Center in Miami hands out a can of insect repellent to a local resident on Thursday. ALAN DIAZ/THE ASSOCIATED PRESS

Republicans angered Democrats by adding a provision to a \$1.1-billion take-it-or-leave-it measure that would have blocked Planned Parenthood clinics in Puerto Rico from receiving money.

House Speaker Paul Ryan, writing in USA Today on Thurs-

day, did not mention that provision in blaming Democrats for blocking the legislation. Their obstruction, according to Ryan, R-Wis., is "a blatant ploy in an election year."

Also Thursday, 47 Senate Democrats called on Ryan and Senate Majority Leader

Mitch McConnell, R-Ky., to reconvene Congress and immediately address the Zika threat. They faulted GOP leaders for allowing "poison pill special-interest priorities" into the bill.

But McConnell has signalled he is in no rush to return.

THE ASSOCIATED PRESS

## Aerial sprays target Miami mosquitoes

The head of the U.S. Centers for Disease Control and Prevention says aerial spraying of the insecticide naled is killing many mosquitoes in a Miami neighbourhood where the insects apparently transmitted Zika to 15 people.

Dr. Tom Frieden says aerial spraying that began Thursday quickly killed adult mosquitoes that pesticides on the ground couldn't reach.

Puerto Rico's governor wouldn't authorize naled's use because of environmental concerns, despite widespread Zika infections there. Frieden says minuscule amounts sprayed at dawn and dusk have no effect on people.

Frieden says Miami's infections were limited to a 500-square-foot area in the Wynwood neighbourhood. Gov. Rick Scott says a 10-block corner of the district has been cleared of active infections.

THE ASSOCIATED PRESS

## U.S. ELECTION

## Security briefings OK with Obama

U.S. President Barack Obama says Donald Trump and Hillary Clinton should receive classified security briefings as the presidential nominees because it's both tradition and required by the law.

He adds that he expects them to "start acting like a president" and keep them secret.

Obama had been asked during a Pentagon press conference



Barack Obama  
THE ASSOCIATED PRESS

whether he is concerned about Trump getting classified security briefings as the Republican presidential nominee.

Obama also said Trump's suggestion that the U.S. election process is rigged is "ridiculous." Trump said this week that elections are rigged after several states repealed laws that restricted the types of voter IDs that would be widely accepted at polling stations. THE ASSOCIATED PRESS

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## POLICE SHOOTING IN VIRGINIA

## Jury recommends ex-officer jailed for two and half years

A jury recommended 2 1/2 years in prison for a white former police officer convicted of voluntary manslaughter on Thursday in the shooting death of an unarmed black man who had been accused of shoplifting.

The ex-officer, Stephen Rankin, shot 18-year-old William Chapman in the face and chest outside a Walmart store last year after a security guard called police to go after the young man.

No video recorded the actual killing, and testimony conflicted on the details of what happened. But most witnesses said Chapman had his hands up, and prosecutor Stephanie

**"(The officer) brought a gun into what is at worst a fist fight."**

Stephanie Morales

Morales said the officer could have used non-deadly force.

The officer "brought a gun into what is at worst a fist fight," Morales told the jury, which deliberated for nearly two days before returning its verdict.

Rankin, 36, faced one to 10 years on the manslaughter conviction. Morales asked jurors to

give him the maximum, while defence attorney James Broccolletti argued that no amount of jail time would bring Chapman back to life.

A judge will formally sentence Rankin on Oct. 12. The judge doesn't have to follow the jury's recommendation, but can't increase the penalty.

Rankin, who was fired from the Portsmouth police force after being indicted, had already killed another unarmed suspect, four years earlier, and many in the mostly black city of 100,000 saw his trial as a chance for accountability as police shootings continue around the country.

THE ASSOCIATED PRESS



Left: Former police officer Stephen Rankin. Right: William Chapman's mother, Sallie Chapman, and her daughter, Timesha Slaughter. THE VIRGINIAN-PILOT VIA THE ASSOCIATED PRESS, POOL



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Syrian citizens inspecting damaged shops after airstrikes hit a market in Atareb, west of Aleppo, Syria on Tuesday. ALEPPO MEDIA CENTER/THE ASSOCIATED PRESS

# No letup in fighting around Aleppo

SYRIA

## UN urges humanitarian pause in strife

A senior UN humanitarian official urged Thursday for an immediate pause to the fighting around Syria's contested city of Aleppo as government forces pounded opposition areas with airstrikes and rebels kept up their attempts to break a government siege.

In Geneva, Jan Egeland, adviser to the UN's special envoy to Syria, said the world body was ready to send relief to the city divided between government-controlled and opposition-controlled areas once the fighting pauses.

The last delivery to reach those trapped in rebel-held parts of Aleppo — where the UN estimates some 300,000 residents

remain — was in June, he said.

Russia had declared it is offering humanitarian corridors for residents in the area, but rights groups said such passages are not neutral and don't offer guarantees to civilians wishing to use them.

Meanwhile, the Britain-based Syrian Observatory for Human Rights reported at least 40 airstrikes on opposition areas of Aleppo and nearby towns, including an attack on a camp for internally displaced Syrians in Atareb, a town to the southwest.

The Aleppo Media Center, another activist group, said at least two people were killed in the Atareb attack.

The Syrian Civil Defence group said a followup attack

on the camp wounded two of its volunteers, including one seriously.

Also, anti-government activists and a doctor said a missile fell 15 metres from a hospital, seriously wounding a boy. The doctor refused to identify

himself or the hospital, fearing it could be targeted again.

Egeland said that in July alone, 44 attacks on hospitals, clinics and health posts around Syria were

reported. He added that the UN is hoping at least to "get to a point where we can give co-ordinates to the parties and not have the hospitals bombed."

Across Syria, Egeland said, the UN was only able to meet 40 per cent of its aid delivery targets for June and July.

THE ASSOCIATED PRESS

**300,000**

The number of residents the UN estimates remain in rebel-held parts of Aleppo.

UNITED NATIONS

## Crane delivers aid to Syrians

Cranes hoisted huge white bags with rice, lentils and dates from Jordan into tent camps on the Syrian side of a border berm — an unprecedented way of delivering UN aid to tens of thousands of displaced Syrians cut off from outside help for almost two months.

The three-day delivery to two makeshift encampments in a remote desert area ended Thursday, UN aid agencies said.

Relief over getting badly needed aid to the Ruqban and Hadalat camps was muted by concern over deteriorating conditions there. Some camp residents have



Cranes drop food across the Jordan-Syria border on Thursday. THE ASSOCIATED PRESS

dug holes for sleeping after selling flimsy shelters for scarce food and water, said a displaced Syrian, speaking on condition of anonymity for fear of repercus-

sions if he were to return home.

Aid agencies have said disease, malnutrition and dehydration are on the rise.

This week's shipment of 650 metric tons of food and hygiene kits was a one-off — Jordan has said it would bar future deliveries from its soil on security grounds.

The international community is scrambling for alternatives, but no viable option has emerged. Sending supplies from war-ravaged Syria appears risky, while UN officials say aid dropped by planes could end up in the wrong hands.

THE ASSOCIATED PRESS



# LOOK IT UP HALIFAX

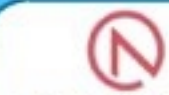


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**Unidentified swimming object**  
A strange purple orb is on the sea floor near the U.S. Channel Islands. Top guess: new species of sea slug.

DECODED by Genna Buck and Andrés Plana

## READY, SET GO: OLYMPIC TIMEKEEPING

By just **0.12 seconds**, Jamaican sprinter Usain Bolt surpassed his closest rival to reach the 100m-sprint finish line — and a new Olympic record — at the 2012 London Games. And that wasn't considered anywhere near a squeaker. How can Olympic authorities measure time so precisely? There's a lot of technology involved.

**1** To kick things off, a special **electronic gun** sends a signal towards a **camera**, a **clock** and the **blocks** where the runners stand ready.

**2** The signal triggers the **blocks** to make a sound, so every runner hears the gun at the same time. The block's sensors measure the time of the athlete's push-off. If it's less than 0.01 seconds after the gun, it's a false start.

**3** At the finish line, a **clock** measures runners' times according to the moment they interrupt a laser beam. That info is corroborated with images from a **camera that takes 10,000 pictures a second**.

**04:29:53**  
HRS MINS SECS

**TIMELY FACT**  
The most accurate timekeepers on earth are **atomic clocks**, which peg the time to the frequency of atomic transition (a change in the level of an electron) in an element such as cesium. One second equals 9,192, 631,770 transition cycles of Cesium-133. Atom clocks have been used to calibrate Olympic clocks.

SOURCES INCLUDE SCIENCE 360/THE NATIONAL SCIENCE FOUNDATION; GRAPHICS: ANDRÉS PLANA/METRO

### FINDINGS Your week in science



WU QINGLONG

#### LEGEND COMES TO LIFE

The Great Flood of Chinese mythology was the event that legendarily led to the founding of the Xia dynasty and Chinese civilization. Now, carbon dating of sediments and human remains published in the journal *Science* strongly suggests this prehistoric calamity was real and took place around 1920 BCE.

#### ZIKA CAN BE ZAPPED

A test of three different experimental vaccines against the Zika virus found all are 100 per cent effective in monkeys.

#### SOUND SMART

### MICROBIOME

#### DEFINITION

The **microbiome** is the ecosystem in you. Perhaps 1,000 species of microorganisms live in your gut, on your skin, and all over your body. There are nearly as many non-human cells, mostly bacteria, in your body as there are human ones.

#### USE IT IN A SENTENCE

Luigi's multicoloured boogers look like they're their own ecosystem. In fact, they are. The bacteria in there are part of the **microbiome**.

#### PHILOSOPHER CAT by Jason Logan

ON THE REALLY INTERESTING LARGER QUESTIONS - I FIND SCIENCE UNSATISFACTORY.



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### CITIZEN SCIENTIST by Genna Buck

## Why is sweat so smelly?

**Why does my sweat smell so bad? — Angela, Toronto**

There's nothing noxious about sweat, per se. It's almost all salt and water.

We can thank our bacteria friends for that stinky B.O. aroma.

Your sweat contains traces of a number of different chemicals, including proteins, cholesterol, the building blocks of steroid hormones, and all sorts of fats.

The friendly bacteria living

on your skin helpfully break these down for us. Unfortunately the results of that breakdown, which are vividly called 'volatile odorous products,' tend to smell pretty bad.

According to a 2011 paper in the *International Journal of Cosmetic Science*, although lots of different species live there, there's one main type of armpit-dwelling bacteria responsible for much of the stink: aerobic corynebacteria.

People with persistent BO often have more corynebacteria

relative to other, less stinky species, such as staphylococci (the neutral kind, not the nasty ones that cause skin infections and sepsis).

I learned something fun while researching the answer to this question. Did you know sweat produced in the armpits and groin is actually different from the sweat on the rest of your body?

Most of your skin is covered in eccrine glands, which secrete clear sweat that cools you off as it dries.

The underarms and groin have more apocrine glands, located in hair follicles. The sweat from those is oilier and slightly opaque, with more potentially stinky compounds. It's also the type secreted when you're under emotional stress.

Also, did you know the scientific word for armpits is **axillae**? You learn something new every day.

**Science Question?**  
Tweet @genna\_buck







Jared Leto had some big shoes to fill in playing the Joker. He's the third Oscar winner to take on the role following Jack Nicholson and Heath Ledger. CONTRIBUTED

## Leto's performance was no joke

### SUICIDE SQUAD

**Actor stayed in character, scared co-stars**

**Richard Crouse**

For Metro Canada



To prepare for his role in *Suicide Squad*, method actor Jared Leto went full Joker.

"I had to be committed beyond belief," he says. As the third Oscar winner to play The Joker, after Jack Nicholson and Heath Ledger, he said, "We knew we had to strike new ground. There had been such great work we

knew we had to go in a different direction."

An adaptation of the DC Comics antihero series, *Suicide Squad* sees supervillains like El Diablo (Jay Hernandez) and Rick Flag (Joel Kinnaman) as well as Leto's Harlequin of Hate perform perilous black ops missions in return for clemency.

Director David Ayer describes it as a "comic-book version of *The Dirty Dozen*."

Leto immersed himself in the role to the point his cast mates didn't know where the actor ended and the Joker began. Jai Courtney said, "Let's put it this way. I haven't seen him, since we started working, out-of-character." Margot Robbie and Scott



### MOVIE RATINGS by Richard Crouse

**Suicide Squad Indignation**

★★  
★★★

#### HOW RATING WORKS

★★★★ SEE IT  
★★★ WORTHWHILE  
★★ UP TO YOU  
★ SKIP IT

Eastwood, who is Leto's friend in real life, both say the actor's on-set behaviour scared them.

To create his take on the Clown Prince of Crime he mixed-and-matched influences from the Batman comic *Arkham Asylum: A Serious House on Serious Earth* along with shamans and Mexican cartels. "The Joker is fantastic because there are no

rules," he says.

The only rule Leto subscribed to was to never break out of character, whether he was filming or not.

His conduct made headlines when it was reported that he gave the cast and crew some Joker-inspired presents. "He did some bad things, Jared Leto did," said co-star Viola Davis. "He gave

some really horrific gifts."

Robbie, who plays the baseball bat-wielding villain Harley Quinn, received a love letter and a live rat in a black box. She kept the rodent, which she named Rat Rat, for the duration of the Toronto shoot because, "If Harley got something from Joker, she'd probably cherish it." When filming was complete Guillermo del Toro adopted the rodent renaming it Vestuniano.

Will Smith, who plays sharpshooter Deadshot, was also sent a letter accompanied by a bullet and Killer Croc portrayer Adewale Akinnuoye-Agbaje received a "used" *Playboy* magazine.

Leto's gift on the first day of

shooting was an eye opener. He missed the first few days of filming, so to let everyone know he was thinking of them he sent over a dead hog and a video of the Joker.

"Basically, what he said was, 'Guys, I can't be there but I want you to know I'm doing my work as hard as you guys,'" Adam Beach said.

"The video he showed is in character. It blew our minds away."

Did his methods pay off? Seems so. Ben Affleck describes Leto's performance as "genius" and Ayer declares, "I think it's going to be hard for anyone to ever imagine anyone else as the Joker."

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# David Ayer: Why it's good to be bad

## SUICIDE SQUAD

### Director waxes on the merits of fighting evil with evil

Suicide Squad's David Ayer isn't one to mince words — he apologized to his Marvel Comics rivals this week after playfully uttering a rude taunt — so his comparison of filmmaking to extreme surgery hardly surprises.

"It's like when you hack off a limb," the brawny writer/director says from a New York promotional stop.

"Just use a skin graft to fix it."

He's describing necessary reshoots for his made-in-Toronto DC Comics summer blockbuster, opening Friday, in which a band of supervillains fronted by Will Smith and Margot Robbie are called upon to do good, despite their worst instincts.

Pesky Internet rumours had it the reshoots were ordered by Warner Bros. suits to add more comedy to the villainy, after DC's dour Batman v. Superman disappointed while Marvel's rude Deadpool delighted earlier this year.

The rumours were FUBAR, to use an acronym an ex-U.S. navy man like Ayer, 48, would appreciate. He says the reshoots added action, not laughs.

"If you know about filmmaking, you can't just go and drop in jokes like hair plugs in a scalp. It doesn't work," he asserts.

"The tone of the movie is



Margot Robbie, above, as Harley Quinn may play one of the marquee characters in *Suicide Squad*, but it's Viola Davis (below, inset) who steals the show with her lines. CONTRIBUTED

determined in principal photography on the set. And what happened was, the studio saw it, and they knew — suspected — that maybe we had something here. They just wanted it to be the best movie that it could be, so we rolled our sleeves up and added some action."

Like the task-oriented cops and soldiers of his previous films — he wrote *Training Day*, and wrote and directed *End of Watch* and *Fury* — Ayer approached *Suicide Squad* as a dirty job that somebody had to do right and that somebody was going to be him.

You've previously made

films grounded in reality, like the tough streets of L.A. where you grew up or the historic battlefields of World War II. Was it hard to shift into pure fantasy?

I like to think I successfully split the baby, where you sort of get the wonder and spectacle and beauty and the tropes of a comic movie while at the same time doing what I love as a director: really focusing on characters and relationships and the performances by the actors.

That sentiment really comes through in the bar scene, also used in an early teaser, in which the Suicide

Squad members bond over booze.

That scene is really why I wanted to make the movie. I imagined what it would be like to have these comic book supervillains in a very deep, realistic, well-acted and well-crafted dramatic scene, really opening up to each other, just like anybody in the real world does. I'm really proud of the work the actors did in that scene. I think they're on fire.

The notion of using evil to fight evil isn't completely fantasy, as you point out in the film. A character talks about the U.S. government

collaborating with the Mafia to fight Hitler.

Yes, it's a complex world out there. Look, you take law enforcement and they use criminals to help them on cases all the time. And the U.S. government has definitely had to deal with some shady folks to get the job done.

Will Smith's Deadshot,

Margot Robbie's Harley Quinn and Jared Leto's Joker grab the movie's marquee. But Viola Davis's tough U.S. government official Amanda Waller, who creates *Suicide Squad*'s Task Force X, gets many of the best lines.

That's the thing. It's such a colourful, eclectic movie and cast, and yet she kind of steals every scene. She just becomes, in a lot of ways, the core of the movie. Viola has to control these supervillains and has to be almost tougher and scarier and more intense than any of them. It's amazing, because even though she's a government bureaucrat, she's also one of the most terrifying characters in the film.

There are quite a few laughs in the film, despite the grim subject matter and characters. But you've always had some comedy in even your most bleak movies.

Exactly. For me, to be entertaining, drama wears both a happy mask and a sad mask. It's not two sad masks. And when you look at these insane characters — I've got a crocodile running around and Harley Quinn swinging a baseball bat — you just have to enjoy the craziness of that and embrace it.

TORSTAR NEWS SERVICE



## CAT PEOPLE

### Cheryl Hines talks *Nine Lives*, *Curb*

Cheryl Hines was already a pro at handling animals going into the filming of *Nine Lives*, out Friday.

The *Curb Your Enthusiasm* star plays the ex-wife to Kevin Spacey's character Tom, who winds up trapped inside the body of a cat he buys for his daughter (Malina Weissman). Co-stars include Christopher Walken as a mysterious pet-shop owner, Jennifer Garner as Tom's current wife, and Toronto native Robbie Amell as his son.

Hines felt right at home with the star feline: growing up in Florida, her family had as many as 17 outdoor cats at a time in their suburban backyard playhouse.

"There were times when we would have to put ribbons around the kittens' necks and

then put them in a wagon and take them around the neighbourhood to try to get rid of the kittens," she says.

"Really, looking back on it, the neighbours couldn't have loved it."

These days, Hines doesn't have cats but she does have two dogs (including a puppy), an emu and five tortoises.

She says her daughter and her husband, environmental activist and author Robert Kennedy Jr., are huge animal lovers.

The emu lives outdoors.

"Although our bigger dog knows how to open the back door," says Hines. "So he opens the sliding-glass door and then the emu likes to come inside."

"It's just a circus at my house."

As for the blue-eyed furball

in *Nine Lives*, directed by Barry Sonnenfeld of the *Men in Black* films, Hines reveals there were actually a few of them.

"One of them ... his fur wasn't quite as full as the other ones, so they had a little fur collar that they would put on him. So he had to wear a weave," she says with a laugh.

"I imagined it like a giant scrunchie — a very soft, fluffy scrunchie."

Hines says she was attracted to the project because she's a huge fan of Sonnenfeld's work.

She was also pleased to take on a project she can enjoy with her 12-year-old daughter.

"When she saw this film, she said, 'Why am I not playing your daughter?'" says Hines. "I said, 'Oh, I didn't know you were an actress.' She said, 'I could do that, I could play that

part.'

"I said, 'I think it's slightly more complicated than you think it is.'"

"She hasn't really been that excited about some of my past projects," adds Hines. "She's not a huge *Curb Your Enthusiasm* fan but she did like *Suburgatory*."

Speaking of *Curb*, HBO has said the show will return in 2017, six years after it last aired.

Hines, who plays the wife of a curmudgeonly Larry David, says the two have exchanged text messages about it.

"I said, 'Am I going to be in the next season?' and he said, 'Uh, yeah, if you're not too busy,'" she says. "It was a very vague response but I will take that as a 'yes.' I would love to do it." THE CANADIAN PRESS



Jennifer Garner and Cheryl Hines star in *Nine Lives*. HANDOUT



THE TV DINNER JESSICA ALLEN



# True nostalgia ... doesn't just toy with memory. It makes you melancholy for a time that you'll never get back

Stand By Me turned 30 last week: I remember that summer of '86 vividly: It was the summer my friend, her dog Princess, and I packed up some Red Hots and cold pops and hiked along the train tracks behind my house; the summer that my dad took me aside to tell me that the term "pussy," which I was using quite liberally — just like the four boys searching for a dead body in the Rob Reiner film — meant more than "scaredy-cat"; and it was the last summer that I just played, right up until the night before Junior High. That first day of Grade 7 I got a rude awakening. Somehow my peers received a memo that we were grown up now, only I didn't get it. I

was 11.

No wonder that the film, based on a novella by Stephen King, is steeped in nostalgia for me. And not for the 1950s, the time period in which the film is set, but for who I was when I first saw it. Same for the creators and cast, who spoke with Variety to compile an oral history commemorating the anniversary. Reiner recalled how the film he directed almost didn't see the light of day because no one in Hollywood thought anyone would watch it.

Others recollections were more selective: "I do remember from the novel, a piece of information that's given away very early, is that Chris dies (as an adult)," Richard Dreyfuss, who played the film's narrator recalled about River Phoenix's character. "I think it's one of the ways that Rob improved on the story. You don't know that until the end and it breaks your heart."

THE MOVIE:  
Blueberry Tarts



THE MEAL:  
Stand By Me



Only that's not true. While Simon was at work on Sunday, I re-watched the film, which opens with Dreyfuss in a car parked along a country road holding a newspaper clipping. "Attorney Christopher Chambers Fatally Stabbed in Restaurant," the title reads.

Memory can be a funny thing, especially when you add nostalgia into the mix.

Take Stranger Things, the new eight-part sci-fi Netflix series that people my age can't stop watching. Not only

does it reference Stand By Me — three boys wander on train tracks searching for their friend who's mysteriously disappeared — but the actors read lines from the film during their auditions.

And there's enough allusions to the work of Steven Spielberg — Jaws, E.T., Poltergeist, The Goonies — for a mini-retrospective. I silently observed them Sunday night, when Simon and I watched the first episode of the series, which takes place in a small

town in Indiana in 1983: the year Simon was born.

Maybe that's why he was far more interested in the wild blueberry tarts I'd made that afternoon — possibly inspired, now that I think of it, from Stand By Me's scene where "Lard Ass" triumphs during a blueberry pie-eating contest — than continuing with the show. So I had no choice but to finish Stranger Things by myself during a holiday Monday marathon. Yes, I was entertained. But the appeal to films from my childhood felt laboured at times, even superficial, concealing outlandish and weak plot points. True nostalgia, from the Greek for "homecoming" and "pain," doesn't just toy with memory. It makes you melancholy for a time that you'll never get back.

Jessica Allen is the digital correspondent on CTV's The Social.

GOSSIP BRIEF

Kim's BlackBerry has died and she's 'sad' about it

Kim Kardashian is getting emotional over the death of her BlackBerry.

The reality star posted on Twitter on Wednesday that her classic BlackBerry Bold finally died and she can't find a replacement on eBay. She says she "knew this day would come," but is "getting sad" as reality sets in.

She says she's considering whether to get a different kind of BlackBerry or a different brand.

She needs two phones on different services, she says, to ensure that one is always working.

BlackBerry phones once dominated the smartphone market but have been overtaken this decade by phones using Google's Android and Apple's iOS platforms.



THE AS-SOCIATED PRESS

JOHANNA SCHNELLER WHAT I'M WATCHING

## If only space ants could explain Trump

THE SHOW: Brain Dead, Season 1, Episode 5 (Global/CBS)  
THE MOMENT: The baby picture

In Washington DC, Republicans and Democrats have become insanely extremist — because space bugs are eating their brains. Two congressmen, righty Red (Tony Shalhoub) and lefty Luke (Danny Pino), square off.

Luke shows Red a photo of a one-year-old girl. "She's the daughter of a veteran who's dying of liver cancer, unless we

vote yes on drug trials," he says. "And what, you got some pictures taken with him?" Red asks. "Him smiling, you smiling. You save him, and he'll hug you, and there will be more photos of you saving him from the big bad Republicans."

"So you want to delay the vote because I'll get credit for saving a young man?" Luke asks.

"Don't act outraged," Red says. "You're looking at the presidency in 2020." He waggles the photo, speaking in a baby voice: "Boo

hoo, he saved my daddy, he deserves your vote." Come on! You don't like children. No one likes children."

The series is well-written and amusing, a PG-rated Veep crossed with Invasion of the Body Snatchers. Shalhoub can do no wrong, even when he's chewing more scenery than bugs are chewing brains.

But it doesn't even approach the genuine crazy of Clinton v. Trump. Space ants would be a relief.

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# Celebrating community by buying local

There's no better place for a family business than in the family atmosphere at Alderney Market.

That's what drew Matt McGrail and Ian Lawson, owners of Brightwood Brewery.

"We love the Dartmouth community and all the people that have come by to sample or buy our beer are always excited to hear we are from the area and want to support us," McGrail said. "It's warm, welcoming and accepting. Everyone has been so helpful and genuinely want us to succeed. We hope to continue growing in this environment."

They describe themselves as two engineers who have a passion for craft beer. After homebrewing for close to a decade they wanted to take their craft to the public.

When shopping at Alderney Market, buying local goes farther than most people realize, McGrail said: it supports more than just one business.

"In our case, you're helping to support local grain vendors, bottle printers, sign printers, graphic artists, photographers, T-shirt vendors, and restaurants," he said.

Evan's Fresh Seafood started out as a vendor at the market but now they have their own permanent space in Alderney Landing. Evan d'Entremont, a fishing boat captain for over 20 years, wanted to sell his fish directly to consumers instead of fish buyers. He sold at the market for about four years before his



CONTRIBUTED

daughter Joline d'Entremont and her husband moved from Montreal to run a permanent location.

Besides the stunning views of Halifax, d'Entremont said downtown Dartmouth has amazing locals who support her business every day.

"Market days create a market atmosphere with friendly faces, people who love to buy local, and loud music," she said. "Evan's aims to add a friendly, relaxed atmosphere for our customers."

Downtown Dartmouth is rich with strong, small business owners who support each

other, d'Entremont said.

"Buying local supports small business owners, directly supports the families working for that business, and feeds the local economy," she said. "We love to support local businesses and are thankful for all our customers who choose us for fresh fish and seafood."

## Paddling. Competition

Over 1,200 athletes are ready to make a splash at the Canadian Sprint Canoe Kayak Championships on Lake Banook Aug. 30–Sept. 4.

Dartmouth Centre Councilor Gloria McCluskey said these championships bring many people from across Canada right into the heart of Dartmouth.

"Besides all the people coming here, it gives our paddlers the opportunity to perform at home and a lot of the families are able to participate being there watching them," she said.

About 4,500 people are expected to flock to Lake Banook for each day of the competition.



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## A great place to grow a business

Allyson Harker has several reasons why she chose downtown Dartmouth for her new business Stone Pizza.

There's a lot of activity in downtown Dartmouth, she lives five minutes away, plus it's a very supportive business community.

"We started to look around and things look great down here," she said.

Stone Pizza, which creates made-to-order eight-inch pizzas from their location on Alderney Drive, opened two weeks ago. Pizzas start at \$8 and they have 25 ingredients to choose from.

"It's been great," she said. "The businesses around have been great, and the public has been awesome — we've been really busy every day."

Dana Grund chose a retail spot in King's Wharf over locations on the peninsula for Grund, his jewellery studio.

"We looked at King's Wharf; we found that it was easy to get to, had great parking and we really liked the feel of the space," he said. "It was everything we were looking for."

He moved his family to Dartmouth five years ago, and now it feels right to move his



CONTRIBUTED

business, too.

"There is excitement and positive growth within the community, and it is thanks to our dedicated councilors, business community and residents that Dartmouth is becoming the go-to-spot in metro."

They closed down their Robie Street location in June and opened in King's Wharf on July 5.

"We are holding a grand opening on Thursday, Sept. 1, from 6-8 p.m. and are looking forward to meeting our neighbors and

welcoming current clients."

For the past 11 years Grund has produced handcrafted pieces for weddings, anniversaries and other special moments. They specialize in custom one-of-a-kind jewellery and are excited to create new jewellery lines inspired by life on the coast.

"The businesses in Dartmouth are energized and we have been feeling the buzz since we moved here," Grund said. "Everyone supports each other through word of mouth, social media and cross-promotion, which is fantastic!"





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Offering propane delivery, installation, and service of propane equipment, they were keen to share this versatile, efficient, and affordable fuel with their Nova Scotian neighbours.

"We have been providing Nova Scotian families and businesses with propane services for decades now, and we truly know this energy. From heating your home, to delivering to small, medium, and large businesses, we are here for all of your propane needs. We are proud to be an independent local company, and we live and work here in our beautiful province. Our team is proud to spread warmth multiple ways in our communities, literally, with heating, but also by giving back wherever we can — helping to make Nova Scotians' lives better" says Blake Smith, Head of Marketing.

See [weknowpropane.ca](http://weknowpropane.ca) for information on the benefits of propane.

## Haskapa putting haskap on the map

A brand new store in Halifax features products made from the nourishing haskap berry, which boasts a taste profile that balances tartness and sweetness.

Haskapa opened their shop in Bishop's Landing in July, and is inviting everyone to try juices, syrups, wines and many other products made from haskaps. They're holding a grand opening Aug. 9 from 4:30 to 7 p.m.

Haskaps are high in anthocyanins, vitamin C, phenolic compounds, and other antioxidants and have been used to reduce blood pressure and relieve gastrointestinal disorders.

They taste like blueberries mixed with raspberries with a hint of elderberry, and are harvested on farms on the south shore.

"Haskaps also contain traces of selenium, the element said in Japanese folklore to restore youth," said Michelle LaPorte. "Plus they are a double-skinned berry, making them super-high in fibre."

The incredibly versatile haskap berry lends



CONTRIBUTED

itself to a diverse range of epicurean flavours, both sweet and savoury. Haskapa has tapped into this versatile berry to create a growing range of award-winning foods, condiments, juice, a maple syrup blend, wine, gin and vodka.

"Haskap powder and a haskap-Chia powder blend is our new and exciting product," LaPorte said. Each packet of Haskap powder contains over 600 haskap berries and each packet of the Chia-haskap powder

contains over 180 haskap berries.

"Both are powdered using a unique drying process that maintains 94 per cent of the berry's healthy bioactive compounds," she said.

The powder is perfect in smoothies, yogurt, or on cereals.

Haskapa products can be found in Sobeys, and in smaller shops in N.S. (all locations can be found on their website). Haskapa has two stores: one in Mahone Bay and a new one at Bishop's Landing.

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## Domo arigato, Tokyo robot restaurant

Despite the numerous problems that have plagued Rio, the games are nonetheless getting underway and visitors will be taking in all the city has to offer from the beaches of Ipanema to the wildlife of Tijuca National Park.

Four years from now, when Tokyo takes over as host, visitors can expect a very different experience. A trip to the popular Robot Restaurant demonstrates just how drastically different it can be.

TEXT AND PHOTOS BY LANCE MCMILLAN/FOR METRO CANADA

**1 Location** — Nestled in the heart of the Shinjuku district, the Robot Restaurant is more of a show than an actual dining establishment. And while it is certainly not the greatest show on earth, it has become a staple of the city's weird and is definitely worth a visit.

**2 The show** — Once the show begins, an array of robots for which this place is so aptly named will take the stage and you will be immersed in a new world, one only a place like Tokyo could dream up. While the shows do change from time to time, you can expect to see anything from robotic sharks and dinosaurs to large and equally creepy robotic clowns.

**3 Round two** — Before you can make sense of what's unfolded in

front of you, a feat you will ultimately not be able to achieve, it is intermission. Grab a snack from the equivalent of a ring girl at a boxing match and prepare for the next round of robots. A couple more acts and this strange experience has come to an end.

**4 The experience** — Promising to be both terrible and amazing at the same time, the Robot Restaurant is a place unlike any other, a place that will make you scratch your head and ask why. But ultimately, it is a place that can provide you with that quintessential Tokyo experience. And if it is any indication of Tokyo's ability to put on a show, the 2020 games are sure not to disappoint.

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# Napa wineries go to the dogs

## PETS

**Love your dog?  
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There are now a number of Napa Valley wineries where you don't have to choose between raising and spending time with Fido. Here's a sampling of wineries that welcome humans and their (well-behaved, leashed) best friends.

• **HALL St. Helena** welcomes dogs year-round and in the fall they take the wine-canine connection a step farther with Harvest Hounds, a tasting with proceeds going to Napa Humane. Reservations not required for a tasting but are required for tours plus tastings.

• **Honig Vineyard & Winery** in Rutherford has three resident dogs and welcomes other, well-behaved, canines as visitors. In fact, the bestselling book in the tasting room is about winery dogs. Treats and water for all four-legged friends are provided. Tastings by appointment only.

• **Raymond Vineyards.** Dogs aren't just welcome at this St. Helena winery, they're feted. There's a dog "winery" dedicated to owner Jean-Charles Boisset's beloved French bulldog, named, aptly enough, Frenchie. People go inside and taste; dogs relax in outdoor shaded dog beds in the dog winery which has barrel furniture, canine portraits and a camera connected to a TV in the tasting room so owners can keep an eye on them.



Jennifer Singer sits with her dog Redford, during a visit to HALL Wines in St. Helena, Calif. For those who love their dogs and their wine, there are now a number of Napa Valley wineries where you don't have to choose between the two. THE ASSOCIATED PRESS

niture, canine portraits and a camera connected to a TV in the tasting room so owners can keep an eye on them.

• **V. Sattui Winery** in St. Helena allows dogs on leash in the tasting rooms and picnic grounds. The winery also hosts an annual "Pamper your Pooch" day in May where dogs get free treats and their humans are encouraged to post pictures of the visit.

man's are encouraged to post pictures of the visit.

• **St. Supery Estate Vineyards**

mans are encouraged to post pictures of the visit.

## IF YOU GO

You can find a list of dog-friendly wineries at [napavintners.com](http://napavintners.com)

• **Winery** in Rutherford has treats for your dog, and the winery's outdoor patio is a great place to kick back with your favourite canine. Who knows? You may well meet "GG," winery top dog and resident CCO (Chief Cuddle Officer). Reservations not required but are recommended.

• **Odette Estate** allows leashed dogs in outdoor tasting areas. The estate features an open patio with cushioned benches and a fire pit. By appointment only. Odette Estate's sister wineries, CADE on Howell Mountain and PlumpJack in Napa, also allow leashed dogs in their outdoor tasting areas.

• **Trefethen Family Vineyards** had to temporarily deny access to guests of the four-legged variety after damage from the 2014 earthquake forced the tasting room into temporary quarters. But the popular Rutherford winery recently welcomed dogs back with the opening of "Villa Trefethen," once home to vineyard founders Katie and Gene Trefethen, now hosting tastings in the salon, sunroom and on the deck. Reservations are required to visit the villa, but if it's midweek you can usually get in on the same day.

THE ASSOCIATED PRESS



EN  
Live life to the f



## 5

## ISLANDS TO VISIT NEAR GREECE AND TURKEY

The Aegean Sea — an arm of the Mediterranean between Greece and Turkey — brings to mind the whitewashed, blue-domed buildings of Santorini or the party scene of Mykonos. While they're stunners, they're also jam-packed with tourists. So you might want to consider the road — or, in this case, the sea — less travelled. The best way to explore some of the lesser-known isles of the Aegean is on a small ship that goes where large cruisers can't go and airplanes don't fly. VAWN HIMMELSBACH/FOR METRO



## 1 Ios

If you're looking for a party scene, head to Ios (and even if you're not, head here anyway — you can find long stretches of sandy beach that are quiet during the day while everyone else is sleeping off a hangover). Only 500 people live here year-round; the whitewashed old town is perched on a hilltop, with narrow paths and stairs that make it inaccessible to cars. Head out of town on the island's only road, which winds its way over the rugged, mountainous terrain, and you'll discover isolated beaches such as Manganari — along with 365 churches sprinkled throughout the island.

## 2 Samos

Most travellers bypass Samos, thinking of it as a stopover on the way to the Turkish resort town of Kusadasi. But this lush, forested isle has it all: ancient sites, tropical beaches and sweet local wine. It's the legendary birthplace of Hera, wife of Zeus, and here you'll find significant archaeological sites including the Ionian-style Temple of Hera and Pythagoreion, an ancient aqueduct considered the "eighth wonder of antiquity."



## GETTING THERE

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## 3 Milos

If you're looking for surreal, otherworldly landscapes — and some of the coolest swimming holes on the planet — head to Milos. Located in the Cyclades, this island literally rose out of the sea, thanks to earthquakes, tsunamis and volcanic eruptions. The best way to see it? Hire a sailing boat for the day and circumnavigate the island, stopping to swim in crystal-clear water beneath cliffs and caves. On land, head to Sarakiniko, a moonscape made of piercing-white volcanic ash, with a swimming hole set amongst the dramatic rock formations. Bring your camera; you're going to want to Instagram this place.

VAWN HIMMELSBACH WAS HOSTED BY CELESTYAL CRUISES, WHICH DIDN'T REVIEW OR APPROVE THIS STORY.



## 4 Kos

If you're a foodie, head to Kos. This Greek isle is greener than some of its rocky neighbours, thanks to a system of underground springs — which also makes it ideal for the production of olive oil, honey and wine. Head to Zia, considered the most traditional village on the island — which also happens to have the best views, at 400 metres above sea level — to buy local olive oil, sample cinnamon liqueur and sip thick, syrupy Greek coffee. Then head to Hatzimmanouil Vineyards for award-winning Syrah from this multi-generational family winery and pick up thyme honey from local beekeepers in the village of Kefalos.



## 5 Cesme

If you're looking for the VIP beach club experience, head to Cesme. This coastal town along the Turkish Riviera is a popular holiday resort, with boutique hotels, high-end shopping and VIP beach clubs, like Sole & Mare (picture crisp-white loungers and bean-bag chairs shaded by beach umbrellas). While it's the place to see and be seen, the town itself is drenched in history (it marked the end of the ancient Silk Road) and is known for its thermal baths, surfing and vineyards.

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NORTHERN EUROPE

## Quirky, cool Helsinki

**Karen MacKenna**  
For Torstar News Service

Helsinki is not Sweden and Finland is not Scandinavia. Finland is a Nordic country that shares a 1,300-kilometre border with Russia. There are eastern influences here and the Finnish capital has an edge that sets it apart from its Scandinavian cousins.

This is, after all, the country that produced the rock band Leningrad Cowboys, invented the sauna, and dances tango under the midnight sun. You can expect the unexpected in Helsinki, from spontaneous public art to pop up sushi in an old gas bar and an unusually high number of American hot rod cars cruising through town.

For all its quirkiness, Helsinki is a stylish city with nature integrated into its fabric.

Alvar Aalto, the late father of Finnish modernism, designed many of the public buildings, known for their humanist fusion of form and function. Aalto's organic modernism blends easily with the more whimsical art-nouveau style from the turn of the last century, the simple Nordic classicism of the 1920s,



The fortress at Suomenlinna is located a short ferry ride from downtown Helsinki. JUSSI HELLSTEN

and today's new modernist architecture.

Walking through the city is a visual treat and the best way to see it is on foot.

Take a stroll down the Esplanade towards the Market Square or Kauppatori. The park is lined on both sides with the icons of Finnish design, from Marimekko to Iittala to Artek, and the market stalls at the Kauppatori overflow with fish and seasonal produce. Sit down and have a coffee. The president of Finland does and you are certain to meet

the locals.

Explore the nearby islands if you have time. Small boats will ferry you across in just minutes to the fortress at Suomenlinna, the sandy beaches on Kaunisaaari, or to the zoo on Korkeasaari.

Wind your way southwest along the seawall and you might come across one of the more colourful Finnish rituals. Once or twice a year Finns wash their carpets in the sea and there is a carpet pier in Helsinki, which even has a café named after it.

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President of the Canadian Olympic Committee Tricia Smith was elected as a member of the International Olympic Committee Thursday

# 5

## THINGS TO WATCH FOR FRIDAY

The opening ceremony of any Olympic Games aims to showcase the culture and achievements of the host country. Metro explains five cultural references you're likely to see:



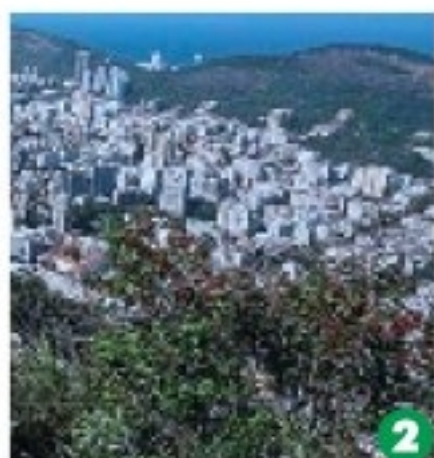
**Fernando Carneiro**  
Metro | Toronto



1

### Brazil's father of aviation

Ask any Brazilian who invented the airplane and they'll say it was Alberto Santos-Dumont, not the Wright Brothers. The Brazilian was living in France when in 1906 he flew the first powered heavier-than-air craft, the 14 Bis. He flew it around the Eiffel Tower to win a Europe-wide contest. The Wright Brothers, by contrast, flew their craft in 1903, but used a launching rail. Expect to see a replica of the 14 Bis during the opening ceremony and a tribute to Santos-Dumont.



2

### Floresta da Tijuca

Tijuca Forest is the world's largest urban forest and home to hundreds of species of animals and plants, including endangered and those only found along Brazil's Atlantic Coast. Brazilians are proud of their fauna and flora and those are likely to be showcased Friday. The forest also contains a number of Rio's landmarks, including the statue of Christ the Redeemer and a peak popular with hang gliders called Pedra da Gavea.



4

### "Marvellous City"

Rio de Janeiro's nickname is "Cidade Maravilhosa" — the marvellous city. It's also the title of a song that has become Rio's official anthem. Written in 1935, it's an ode to the city's natural beauty, although it never mentions Rio by name.



### Favelas 3

Yes, nestled within the sandy beaches and incredibly wealthy neighbourhoods of Rio de Janeiro are several slums, locally known as favelas. They're as much a part of the city as the luxury apartments lining Copacabana and Leblon beaches, and they're likely to be a part of the opening ceremonies. One of Rio's favelas was popularized in the 2002 movie, *City of God*.



2



5

### Copacabana's sidewalk

One of the iconic images of Rio is the four-kilometre long sidewalk of Copacabana beach. It was completed in 1970 and each stone that makes up the world-famous mosaic pattern was placed by hand, making every section of the sidewalk different. Most stones are black or white representing the white Europeans and black African slaves who colonized Brazil with pockets of red stones representing the indigenous people who were displaced by the newcomers.

ALL PHOTOS: GETTY IMAGES

## RIO days to dial in for

With nearly three weeks of events before you, it's hard to know which Canadian athletes to watch and when to catch them. But the following five days are worth clearing your schedule for.

**SUNDAY:** Canada's first medal could come in women's synchronized diving, on the three-metre springboard (3 p.m. ET). Jennifer Abel and Pamela Ware are ranked

fourth in the world and won silver at both the diving World Cup in February and the world championships in 2015.

**FRIDAY, AUG. 12:** Trampoline gymnast and Canada's flag bearer for Friday's opening ceremony, Rosie MacLennan, pictured above, was the only Canuck to earn gold at London 2012. She's been dealing with injuries over the last year but is currently back on the rise and hoping to peak at just the right time (2:40 p.m., final).

**SATURDAY, AUG. 13:** Come for the men's 100-metre heats (8:30 and 11 a.m.), stay for the Canadian medal possibilities. Usain Bolt, pictured below, and Canuck competitor, Andre De Grasse, kick off one of the prestige events Saturday, racing for their spots in Sunday's final. Canada also has a good shot at a few medals on the day, with the women's eight rowing team (10 a.m.), swimmer Ryan Cochrane (9 p.m.) and Brianne Theisen-Eaton, a gold-medal hopeful in heptathlon (9:50 p.m.).

**SATURDAY, AUG. 16:** Adam Van Koeverden, 34, and Mark Oldershaw, 33, will both paddle their way through their final Olympic races Aug. 16, when they compete in the kayak and canoe sprints, respectively. Van Koeverden, the most decorated Canadian paddler, will go for his fifth Olympic medal in his last race, the 1000-metre kayak single. He won bronze and a gold in 2004, silver in 2008 and silver in 2012. Oldershaw is looking to add to the canoe single bronze he won in 2012.

If you miss Bolt and De Grasse on Aug. 13, don't fret: after the 100-metre final Sunday, they will both be back for the 200-metre culminating in an Aug. 18 final.

**TUESDAY, AUG. 16:**

Adam Van Koeverden, 34, and Mark Oldershaw, 33, will both paddle their way through their final Olympic races Aug. 16,

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**SATURDAY, AUG. 20:**

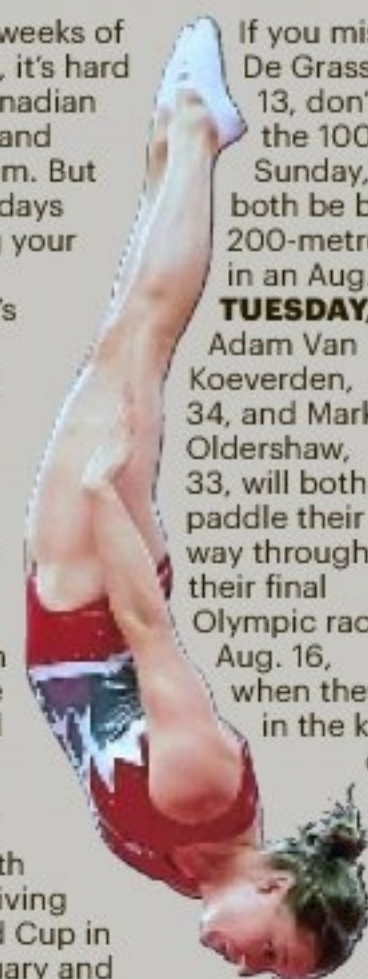
Canada is a contender for five medals through five events on the penultimate day of the Games.

Athletes to watch include Brooke Henderson in the final round of women's golf; the women's basketball team, which could play for gold, silver or bronze; Mandy Bujold in boxing; Catharine Pendrel in mountain biking; and Melissa Bishop in the women's 800 metre track final. If the Canadian team wants to reach the 19-medal goal its Olympic

committee set at the beginning of the Games, its female athletes will need to come up big toward the end of competition.

**ALL TIMES ET**

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**Mark Oldershaw**



**Jennifer Abel**



**Brooke Henderson**





Yankees manager Joe Girardi says he doesn't know when benched Alex Rodriguez, who has started once since July 22, will play again

## More Russians earn a late, late reprieve

**RIO2016**

**Final total of 271 competitors will take part in spite of scandal**

The IOC approved the entry of 271 Russian athletes for the Rio de Janeiro Olympics on Thursday, meaning 70 per cent of the country's original team will compete in the games after the scandal over state-sponsored doping.

Also Thursday, the IOC's rule barring Russian athletes with prior doping sanctions from competing in the Games was rejected as "unenforceable" by an Olympic sports arbitration panel. The International Olympic Committee announced the go-ahead for 271 Russian athletes on Thursday night, about 24 hours before the opening ceremony of the games.

IOC president Thomas Bach recently rejected calls from anti-doping organizations to ban Russia's entire team following a report by a World Anti-Doping Agency investigator that detailed evidence of state-directed doping and coverups.

Instead, the IOC asked international federations to examine each individual Russian athlete to determine if they should be eligible to compete. The IOC set up a panel of three executive



IOC President Thomas Bach. GETTY IMAGES

board members to make the final call, taking into account the advice of an independent sports arbitrator.

After the review, the IOC declared in Thursday's statement: "271 athletes will form the team entered by the Russian National Olympic Committee from the original entry list of 389 athletes."

Russian Olympic Committee president Alexander Zhukov told reporters earlier that 271 of his country's athletes had been cleared.

"We have good news for the fans of the Russian Olympic team," he said. "The majority of the sports have been admitted in full."

Several international federations announced separately Thursday that they had received the final approval for Russian entries in their events, including boxing, judo, equestrian, volleyball and golf.

Russia's track and field team remains barred following an earlier decision by the IAAF.

THE ASSOCIATED PRESS



**NO GOLDEN GOALS NEYMAR OFF TO A SLOW START** Brazil star Neymar reacts after missing a chance in the men's Olympic football tournament opener against South Africa in Brasilia. The host nation struggled to break down their rivals as a tight game finished 0-0. ERALDO PERES/THE ASSOCIATED PRESS



Alexis Gravel, 16, is the newest Halifax Mooseheads netminder. CONTRIBUTED

GMJHL

## Gravel signs on as Mooseheads goalie



Kristen Lipscombe  
Metro | Halifax

Highly touted goaltender Alexis Gravel has officially signed on with the Halifax Mooseheads, the local QMJHL club announced Thursday.

The Herd selected Gravel, 16, of Asbestos, Que., 20th overall in the second round of the 2016 QMJHL Draft held this past June in Charlottetown, P.E.I.

The six-foot-two, 196-pound netminder recently participated in Hockey Canada's under-17 goaltending camp and under-17 national development camp held in Calgary, Alta.

Fellow Mooseheads draft picks forwards Benoit-Olivier Groulx and Raphael Lavoie, along with defenceman Jared McIsaac, also took part in the national under-17 camp out of Hockey Canada's home arena.

Gravel "is expected to share time between the pipes with veteran Kevin Resop during the upcoming season," a Halifax Mooseheads news release issued Thursday said.

Most recently, Gravel played for the Mississauga Senators of the Greater Toronto Hockey League. He also represented Canada at the Youth Olympics in Lillehammer, Norway.

"We are excited to have a goalie of Alexis' experience and quality join the Mooseheads," general manager Cam Russell said in the news release Thursday.

"We were impressed with his poise, quickness and consistency in Norway and look forward to seeing him in a Mooseheads jersey," he said.

Gravel and his fellow Herd members will hit the ice for training camp later this month at Cole Harbour Place.

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# Westbrook's ready to stand on his own

NBA

## All-Star signs huge extension, now leads OKC without Durant

A month after Kevin Durant broke Oklahoma City's heart, Russell Westbrook has reaffirmed his desire to stay with the Thunder.

The team confirmed Thursday that Westbrook had signed a contract extension. A person with direct knowledge of the terms said the two sides had agreed on a new three-year deal worth \$85.7 million.

"I am grateful to extend my contract with the Thunder and continue to play with the only organization that I have played for and have loved being a part



Russell Westbrook is now the undisputed superstar in Oklahoma City next season. NOAH GRAHAM/NBA VIA GETTY IMAGES

of since I was drafted into the NBA," Westbrook said in a statement. "I'm really excited about moving forward with this group of guys and continuing to play in front of

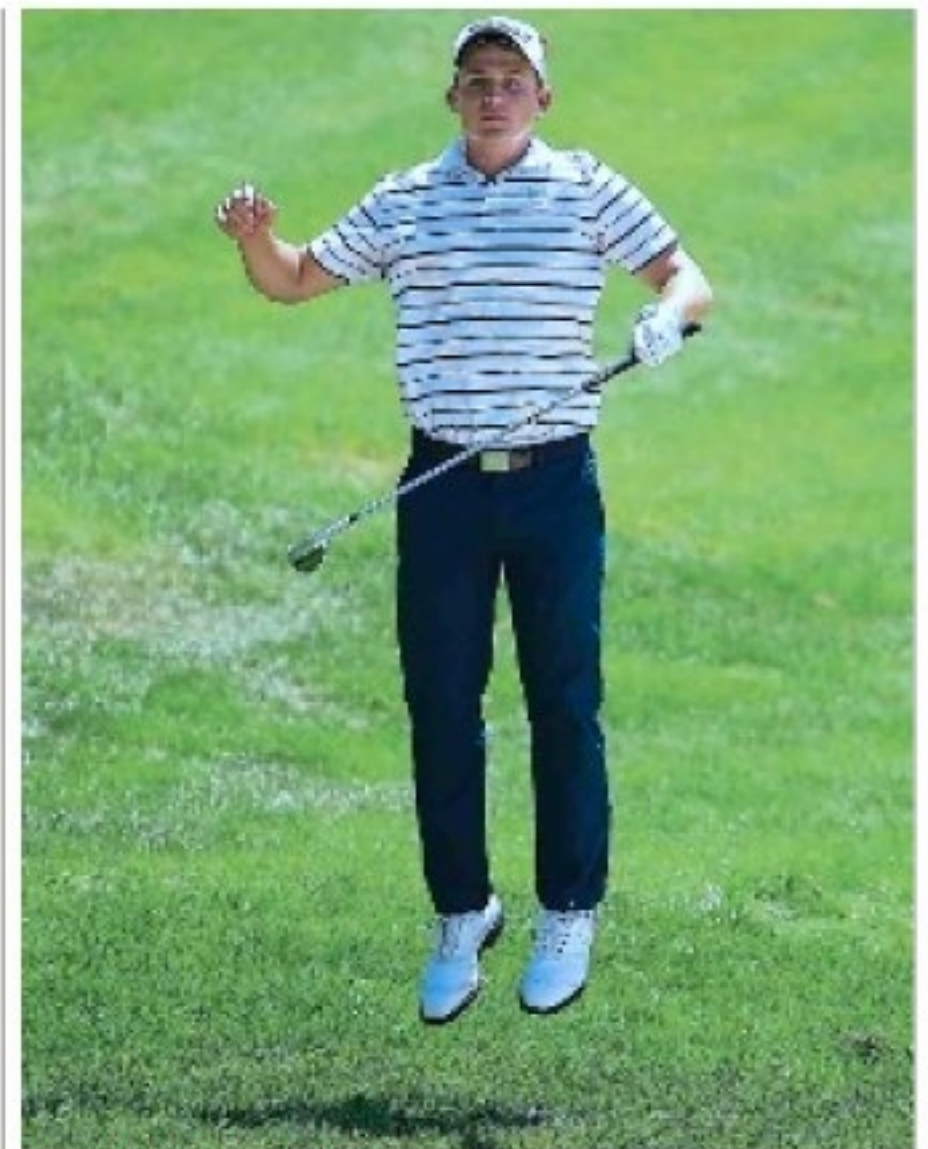
the best fans in the world."

The 27-year-old Westbrook is one of the top stars in the NBA and piled up 18 triple-doubles last season, tying Magic Johnson for the most in the last 30

years. The five-time All-Star averaged 23.5 points, 7.8 rebounds and 10.4 assists last season as the Thunder reached the Western Conference finals, in which they lost in seven games to the Golden State Warriors after jumping to a 3-1 series lead.

For his entire career, Westbrook had been paired with a fellow superstar in Durant and together they turned Oklahoma City into a perennial NBA title contender. The Thunder have reached the conference finals in four of the past six seasons, but advanced to the NBA Finals only once, falling to the Miami Heat in 2012.

Durant became a free agent at season's end and announced on July 4 that he would sign with Golden State instead of staying with the Thunder and Westbrook. THE ASSOCIATED PRESS



**HOW'S IT TRAVELLING? CAULEY'S JUMP SHOT** Bud Cauley gets a better look on the 18th in the first round of the Travelers Championship Thursday. Vaughn Taylor, Jerry Kelly and Andrew Loupe were joint leaders on six-under with defending champion Bubba Watson three shots back. MICHAEL COHEN/GETTY IMAGES

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# Pats adjusting to life without Jones

NFL

## Defence needs to 'step up' to fill void, warns vet Ninkovich

Defensive end Rob Ninkovich said the New England Patriots defence has a long way to go to get ready for the Sept. 11 opener at Arizona.

"It's early in camp. We still have a lot of days here to get better," Ninkovich said Thursday.

While much of the camp focus has been on the offence — which will be missing quarter-

back Tom Brady for the first four games because of his "Deflategate" suspension and has key players returning from surgery — the defence is getting used to life without Chandler Jones.

The Patriots finished second in the league with 49 sacks last season, and Jones led the way with 12 1/2. Jones was traded to Arizona during the off-season and will line up against his old team on opening night in Glendale, Arizona.

Ninkovich, who had 6 1/2 sacks last season, is expected to pick up some of the production

without Jones.

"Chan was a great teammate ... I'm definitely going to miss him as a friend and I wish him nothing but the best going forward," Ninkovich said.

“

**We've got a long way to go.**

Rob Ninkovich

"There's always going to be change. I've been here eight years and I've seen a lot of guys come and go."

Defensive end Chris Long and tackle Terrance Knighton have

been added to the front seven for a team that finished ninth in the league in team defence and 10th in points allowed.

Cornerback Cyrus Jones was the team's top draft pick — No. 60 in the draft — and has looked good.

"I felt last year we got better throughout the season," safety Devin McCourty said. "A lot of young guys — just trying to build on that and get that going this year."

"Any time you lose a great player like Chan, different guys have to step up and take on different roles, especially in our defence."

THE ASSOCIATED PRESS



Rob Ninkovich hasn't liked the Patriots defence's slow start to training camp. ELSA/GETTY IMAGES

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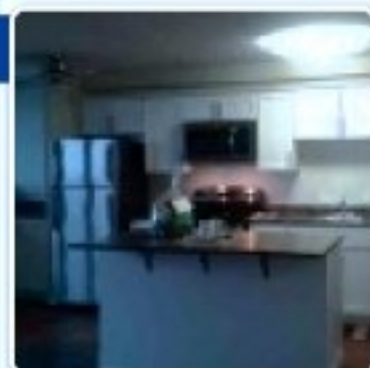


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# RECIPE Eggs with Mushrooms



PHOTO: MAYA VISNTEI

**Ceri Marsh & Laura Keogh**  
For Metro Canada

If you've got eggs in the fridge, dinner is only ever a few minutes away. Just add some sliced mushrooms, a bit of grated cheese and you've got an easy, light meal.

## Ready in

Prep time: 20 minutes  
Cook time: 15 minutes  
Serves: 2

## Ingredients

- 2 Tbsp butter
- 2 cups sliced mushrooms
- 1 clove garlic, minced
- 3/4 tsp fresh thyme (maybe 1/2 tsp if you're using dried)
- 1/2 cup Fontina cheese, grated
- 2 eggs
- Salt and pepper to taste

## Directions

1. Preheat the oven to 400 F.

2. In a small-ish, oven-safe pan, melt your butter over medium heat. Add the garlic, mushrooms and thyme. Allow the mushrooms to soften for about 3 minutes.

3. Sprinkle the grated cheese evenly across the mushrooms.

4. Now crack the eggs, side by side, over all of it. Slide the pan right into a hot oven. Ten minutes will give you firm whites and slightly runny yolks. Eggs are a very personal business so keep an eye on them! Serve with warm, buttered toast.

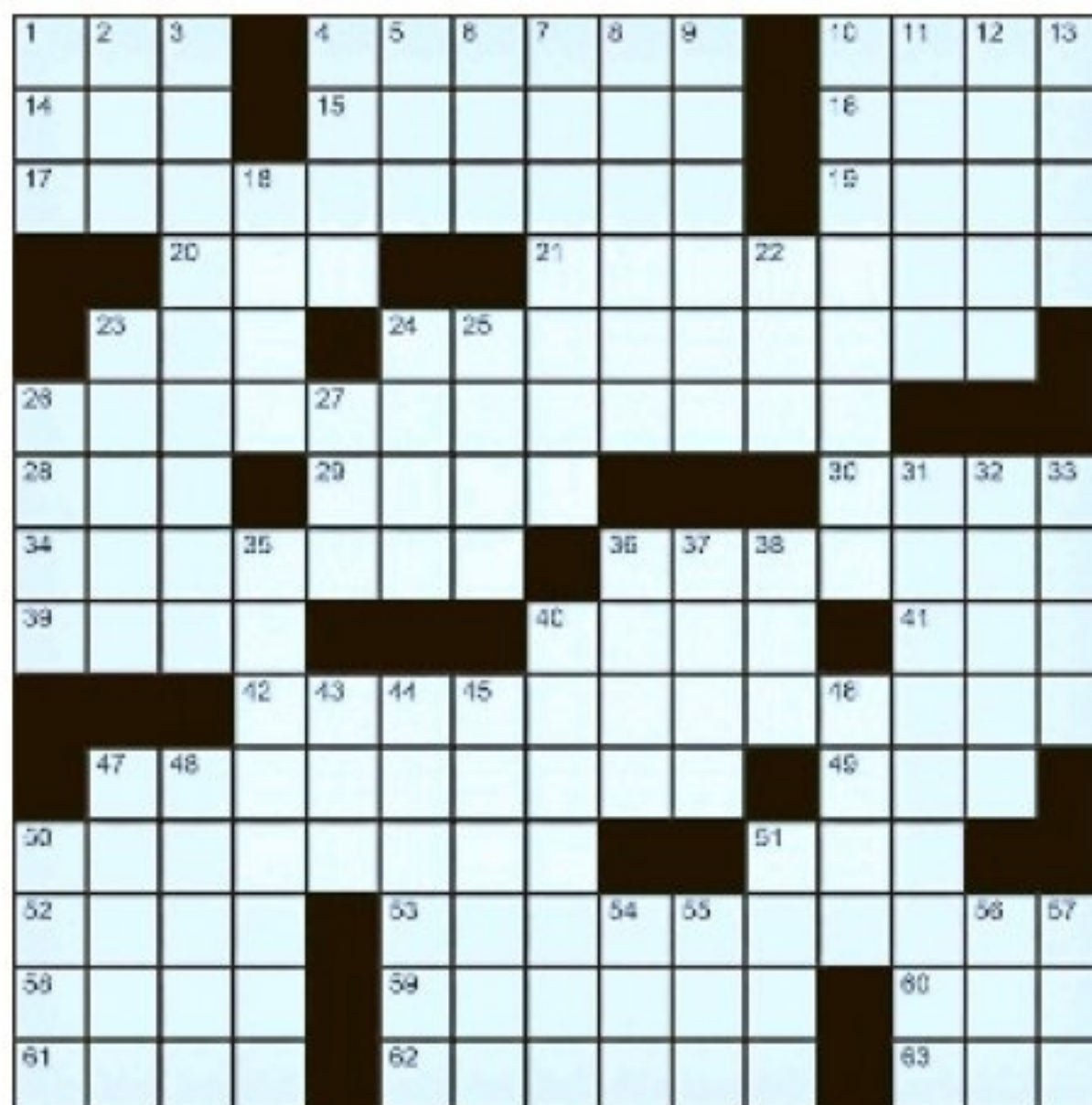
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# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

## ACROSS

- The \_ (Nickname of Apple co-founder Steve Wozniak)
- Peter of "The Lion in Winter" (1968)
- Rock band, with Bon
- "Friend" in Paris
- "Back to \_": James Blunt album
- Metamorphoses poet
- Sternwheeler ship attraction in Whitehorse, \_ National Historic Site of Canada
- Treason, \_ majesty
- Yachter's 'yes'
- Norfolk's state
- Caesar's 106
- Most like Ebenezer
- "Royal" inlet in Nunavut: 2 wds.
- "Days of \_ Lives"
- Winged
- '60s band for Irish singer Van Morrison
- Most often
- Medieval battle weapon
- Dick Tracy's beloved
- Floating marker on the water
- Fixed, as a date
- Toronto's outdoor concert venue since 1995, Molson Canadian \_
- Aubergines
- Verify a Vice Presidential pick
- Type of baseball throw
- Blokes
- Fred Flint-



stone's 'fido'  
53. Doing the work of Gilligan's best friend, say  
58. Almond hue  
59. \_ tasks (Chores of drudgery)  
60. Uniondale-based NHL team [acronym]

61. Component of choreography  
62. Money: French  
63. Collective Soul tune

## DOWN

- Occurred
- Mantric syllables
- Olympic athlete's dropping-out-of-Rio reason: 2 wds.
- Double-reed woodwind
- Downing Street number

6. Unpaired  
7. French actor Mr. Martinez  
8. Wayne Gretzky when he was a hockey player, e.g.: 2 wds.  
9. Crop up  
10. Happy-sounding city northeast of Montreal

- GE products
- Sojourn
- Thought
- Eagles hit: " \_ Eyes"
- \_ rummy
- Earthenware jar
- Hawk
- Cafeteria order holder
- Sulk
- Low- \_ (Diet food)
- Hurrying
- Overwork
- Apportion
- Together, like teams: 3 wds.
- Golf tap
- Aahs cousins
- Caustic solution
- Book's construction part
- US speedometer meas.
- TV type
- Yearn
- Declare with conviction
- Force the tenants from the property
- Category
- John Keats works
- Be an ice cube, do this in the sun
- \_ chart
- Chef's need
- Bill 'The Science Guy' \_
- Canadian country singer Mr. Grand

# IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

**Aries** March 21 - April 20  
This is a positive, happy day at work. Many of you will have work-related travel or opportunities to talk to people from other cultures and different countries.

**Taurus** April 21 - May 21  
It's Friday, and this is a fun-loving day! Enjoy a long lunch hour if you can. Accept all invitations to party, and enjoy sports events and playful times with children.

**Gemini** May 22 - June 21  
This is an excellent day to explore real-estate deals. It's also a good day to buy things for your home or for a family member. Many of you will entertain at home as well. Enjoy!

**Cancer** June 22 - July 23  
You're in such a positive frame of mind today that everyone will want to see your face. Enjoy schmoozing with others, especially siblings and relatives.

**Leo** July 24 - Aug. 23  
This is a good day for business and commerce. Look for ways to boost your income or get a better job. You feel hopeful about your financial future.

**Virgo** Aug. 24 - Sept. 23  
This is a positive day for you, because the Moon is lined up with lucky Jupiter. This makes you sympathetic to others as well as generous.

**Libra** Sept. 24 - Oct. 23  
Your concern for those who are less fortunate is genuine today. If you can help someone, you will. (Consider this a rewarding opportunity for yourself as well.)

**Scorpio** Oct. 24 - Nov. 22  
You will enjoy the company of friends and groups today, because people are in such a positive frame of mind. You especially will enjoy working with charitable organizations.

**Sagittarius** Nov. 23 - Dec. 21  
You make a great impression on bosses and VIPs today. Because of this, you might want to ask for a favor or for approval for something.

**Capricorn** Dec. 22 - Jan. 20  
Travel of any kind will appeal to you today, because you want to expand your horizons. You're also hungry for knowledge and have a sense of adventure.

**Aquarius** Jan. 21 - Feb. 19  
This is an excellent day to benefit from the wealth and resources of others. People might give you gifts or do favours for you. You also can benefit indirectly through your partner.

**Pisces** Feb. 20 - March 20  
Relations with partners and close friends are warm and cozy today. You feel fortunate to have these people in your life.

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

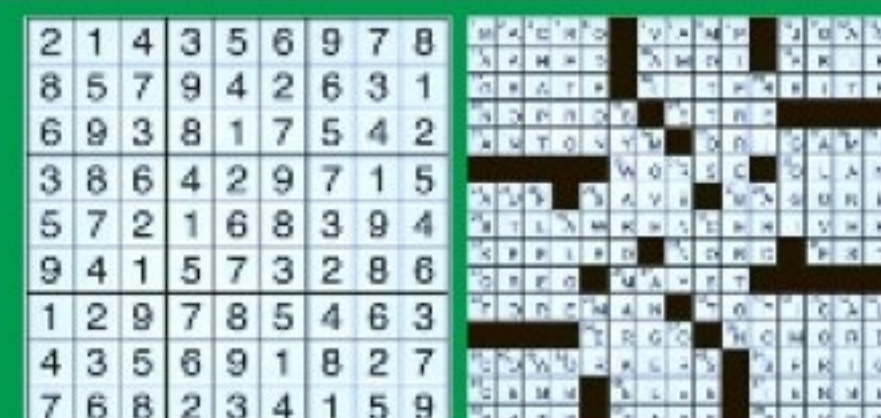


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